

State	Massage Exemption*	License Required?	Penalty**	Law Last Reviewed	Notes
Alabama	No.	Yes, massage	Class C misdemeanor	2022	Alabama Specifically includes "Polarity Therapy" in the definition of massage.
Alaska	No	Yes, massage	Class B Misdemeanor	2022	
Arizona	Yes	No	N/A	2022	Exemption Location: Title 32, Chapter 42, Article 2 § 32-4421.B.6
Arkansas	No	Yes, massage	Misdemeanor	2022	
California	N/A	No	N/A	2022	State law required voluntary certification (law sunset on Jan. 1 2022). Local jurisdictions may have other restrictions.
Colorado	Unclear	Probably Not		2022	Exemption for "polarity bodywork therapy" was eliminated, however energy based work is allowed. See: <a href="https://dpo.colorado.gov/MassageTherapy/FAQ">https://dpo.colorado.gov/MassageTherapy/FAQ</a> for additional information.
Connecticut	No	Yes, massage	Class C misdemeanor	2022	
Delaware	No	Yes, massage and bodywork	Enjoined from practice, public nuisance	2022	
District of Columbia	Yes	No	N/A	2022	Exemption Location: District of Columbia Municipal Regulations Title 17, Chapter 25 § 7510.2
Florida	No	Yes, massage	Misdemeanor of the first degree	2022	
Georgia	Yes	No	N/A	2022	Exemption Location: O.C.G.A. 43-24A-19 (2010) 43-24A-19. Exceptions
Hawaii	No	Yes, massage	petty misdemeanor	2022	This provision is vague, although is unlikely to exempt Polarity Therapy: "...nor services by persons holding any valid license, permit, or certificate dealing with the healing arts"
Idaho	Yes	No	N/A	2022	Exemption Location: Title 54, Chapter 40 § 54-4003
Illinois	Yes	No	N/A	2022	Exemption Location: 225 ILCS 57/25 Sec. 25
Indiana	Yes	No	Class C misdemeanor	2022	Exemption Location: IC 25-21.8-4-5

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Iowa	Yes	No	N/A	2022	Exemption Location: Chapter 152C § 152C.9.7
Kansas	N/A	N/A	N/A	2022	Kansas has no state-wide massage law. Localities may have massage laws.
Kentucky	Yes	No	N/A	2022	
Louisiana	No	Yes, massage	misdemeanor	2022	
Maine	Yes	No	N/A	2022	Exemption Location: Title 32, Chapter 127 § 14307-2
Maryland	Unclear	Unclear		2022	The way the definitions are written, we are included and excluded. Please consult a cognizant attorney prior to practicing.
Massachusetts	Yes	No	N/A	2022	Exemption Location: Part 1, Title XVI, Chapter 112 § 228.(b)
Michigan	Yes	No	N/A	2022	Exemption Location: MI Comp L § 333.17957 (2018)
Minnesota	N/A	N/A	N/A	2022	Minnesota is a "Health Freedom" state and currently has no state-wide massage law.
Mississippi	No	Yes, massage	Not identified	2022	
Missouri	No	Yes, massage	Class A misdemeanor	2022	
Montana	Yes	No	N/A	2022	Exemption Location: Title 37, Chapter 33, Part 4 § 37-33-404(5)
Nebraska	No	Yes, massage	Not identified	2022	
Nevada	No	Yes, massage, reflexology, or structural integration	Not identified	2022	
New Hampshire	Yes	No	N/A	2022	Exemption Location: NH Rev Stat § 328-B:10 (2013)
New Jersey	No	Yes, massage	Unclear	2022	
New Mexico	Yes	No	N/A	2022	Exemption Location: NM 61-12C-5.1. Exemptions.
New York	Yes	Yes, massage	Class E felony***	2022	Massage is defined as being "... for the purpose of improving muscle tone and circulation."
North Carolina	Yes	No	N/A	2022	Exemption Location: Chapter 90, Article 36, § 90.624(7)

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North Dakota	Partial	No	N/A	2022	Light touch or tap only. Exception Location: Title 43 § 43-25-04.6
Ohio	No	Yes, massage	"For a first violation, impose a civil penalty of not more than five thousand dollars"	2022	"Q: Is a license required to practice reflexology, reiki, or polarity? A: A modality that involves the manipulation of the soft tissue for a therapeutic purpose constitutes massage therapy even if commonly known by another name. The practitioner must obtain a massage therapy license from the State Medical Board of Ohio."
Oklahoma	No	Yes, massage	Misdemeanor	2022	
Oregon	Yes	No	N/A	2022	Exemption Location: Chapter 687 § 687.031(B)(iii)
Pennsylvania	Yes	No	N/A	2022	Exemption Location: Act 118 of 2008, Section 13.(6)
Rhode Island	No	No	N/A	2022	Chapter 23-74 Unlicensed Health Care Providers. This Chapter allows Polarity Therapists to practice in RI. <b>CRITICAL - All practitioners must comply with § 23-74-14 Unlicensed health care client bill of rights</b>
South Carolina	No	Yes, massage	"...a fine of no more than one thousand dollars"	2022	
South Dakota	No	Yes, massage	Class 1 misdemeanor	2022	
Tennessee	No	Yes, massage	Class B misdemeanor	2022	
Texas	No	Yes, massage	Class B misdemeanor	2022	
Utah	No	Yes, massage	Class A Misdemeanor	2022	
Vermont	No	No, State Registration is required	"...a civil penalty of not more than \$5,000.00."	2022	Licensing is not required, however registration with the State of Vermont is required.
Virginia	N/A	N/A	N/A	2022	
Washington	No	Yes, massage	Misdemeanor	2022	
West Virginia	No	Yes, massage	Unclear	2022	Localities may also enact massage regulations.
Wisconsin	Yes	No	N/A	2022	Exemption Location: Chapter 460 § 460.03
Wyoming	N/A	N/A	N/A	2022	Wyoming has no state-wide massage law.

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<p><b>Note: This information was not compiled by a lawyer or expert in law and is not to be considered legal advice. Please consult a cognizant attorney for definitive information on the legal practice of Polarity Therapy in your state or commonwealth.</b></p>					
<p><b>* A "massage exemption" refers to the situation where Polarity Therapy is either explicitly or implicitly exempted from the state's massage law</b></p>					
<p><b>** The "Penalty" listed is the penalty for practicing massage without a license. If a practitioner is charged with a different infraction, the penalty may be different.</b></p>					
<p><b>*** The penalty for practicing any licensed profession in New York without a license is a class E felony.</b></p>					





Yes	No	Maybe
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Yes	No	Maybe